

Global Women's Project  
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**November Global e-Links**

1. Preparing for Thanksgiving
2. A Gift from our Bounty
3. Kenyan Peanut Soup - A New Holiday Favorite?

**1. Preparing for Thanksgiving**

In this season of giving thanks, Global Women's Project (GWP) invites you to reflect on what it is that brings you greatest joy and thanksgiving. Who are the people, the places, the songs and music, inspirational words that root you in gratitude?

Our prayer to you from GWP this month is that the trappings of empty materialism be swept aside to make room for deep joy that sustains life. And as you sit down to the table this month--whether around turkey and dressing, Kenyan Peanut Soup (recipe below), rice and beans, fish and noodles--we invite to center yourself in these words from a Thai dinner song. May it serve as a reminder of the source of our Thanks:

*Up on the high  
mountain, where I  
dwell,*

*there is no cloud of  
worry.*

*The spring flows without  
ceasing,  
where I drink to quench  
my thirst.*

*And there is also manna  
God has provided.*

*I don't need to worry  
for I am entering  
[God's] kingdom  
-from Extending the Table (Herald Press)*

**2. A Gift from our Bounty.**

This year Global Women's Project, the Church of the Brethren and many others around the world have faced grief in the loss of our beloved sister and brother, Louie Baldwin Rieman and Phil Rieman. It is in Thanksgiving that we remember their life of love, service, and devotion to peacemaking and empowering women around the world.

Global Women's project recently received a gift from Northview Church of the Brethren in the memory of Phil and Louie. Phil and Louie were co-pastors at Northview, and spent much of their life in service of others, including the people of Sudan. Because of this generous gift, the Sewing Cooperative in Narus, Southern Sudan will be able to purchase eleven sewing machines. When GWP Steering

Committee member, Nan Erbaugh, visited with the group in Jan. 2009, the thirty women, who have been meeting weekly since 2007, shared that all of their sewing had to be done by hand. They were hoping for ten to twelve machines so they could sew items more quickly. They will now be able to purchase eleven! Because Northview Church of the Brethren graciously shared memorial funds, Phil and Louie Rieman's passion for the well-being and empowerment of the women of Sudan continues. Photos of the Narus Women's Sewing Cooperative can be viewed by visiting [www.globalwomensproject.org](http://www.globalwomensproject.org)

In Thanksgiving, we celebrate life and love, generosity and gratitude.

### **3. Kenyan Peanut Soup**

Tired of the same old Turkey n' Stuffing for Thanksgiving fare? Consider doing a "More with Less" Thanksgiving meal (in the spirit of the *More with Less* cookbooks). Give an international theme by highlighting the cuisine of one country or go fusion by combining many different foods from many different cultures.

But at the Thanksgiving table, or any other table during the week, this Kenyan Peanut Soup will please everyone (unless you have a peanut allergy).

Kenyan Peanut Soup  
(*Extending the Table*, Herald Press)

Combine in heavy 2-3 qt saucepan  
**1 qt. chicken, beef, or vegetable stock**  
**2 medium onions, chopped**  
**2 medium carrots, sliced**  
**(option, small pieces of winter squash or sweet potatoes)**

Bring to a boil. Cover and simmer 30 minutes  
Remove from heat and puree until smooth.

Return soup to saucepan and add:  
**¼ c. uncooked rice**  
**½-1 teaspoon salt**

Bring to a boil. Simmer, covered, 15-20 minutes until rice is tender.  
In small bowl, mix until blended  
**½ C of the soup**  
**½ C peanut butter**

Stir peanut mixture into soup along with  
**1 teaspoon Tabasco pepper sauce (optional)**

Cover and simmer 5 minutes. Thin with water if too thick. Add additional salt if needed.